



## 2011-12 Development Academy: Club Philosophy & Annual Training Plan Outline

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- **Club Philosophy:**
  - Define the club's general philosophy and style of play
  - Describe how Academy teams fit into the club's overall development model from Zone 1 (5-12 year olds) through Zone 3 (18 years and older)
  
- **Coaching & Technical Staff Responsibilities and Expectations:**
  - Administrative and Technical Staff organizational chart
  - Responsibilities for each member of the coaching staff for:
    - On field (Training and Match Day)
    - Off field (Planning, communication, feedback, scouting, administrative support)
  - Describe the supervision and feedback model for the coaching staff. Who is in charge of the technical direction of the academy teams and coaches?
  - Describe the relationship between the Technical Staff as it relates to developing the pool of Academy players (97 – 93 birth years)
    - Communication around training, playing players up, planning, system of play
  - Attendance at training, matches and other Academy commitments
  - Professional development model for staff
  - Coaching staff licensing and coaching credentials
  
- **The Annual Training Plan:**
  - Periodization calendar, including intensity and break down of components addressed throughout each of the three periods of the season:
    - Preparation period
    - Competitive period
    - Transition period
      - Include content, emphasis and objectives for technical, tactical, physical and psychological development
        - Field players and goalkeepers
    - Other items to include:
      - Pre & post high school season considerations (for clubs not currently involved in 10 month DA calendar)
      - Record every session plan using U.S. Soccer Training Logs (or equivalent) that will be kept with the club's coaching department and made available for Technical Advisors upon request.
      - Any "off season" club support or programming
        - Initiatives and timeline to move to 10 month calendar (does not apply to Texas, Northwest, and So Cal.)
        - Off season is defined as high school and post-Academy season
  - Other elements to include:
    - Quality of facility and space for training
    - Nutrition
    - Incorporation of video to review and analyze training and games
    - Team meetings
    - Individual meetings between players and coaching staff





- **Team Structure and Depth Chart for Academy Age Groups:**
  - Composition of Player Pool for the U-15/16 and U-17/18 teams
    - Label any returning players or players promoted from within club feeder system
    - Label any Players new to the Academy club
  - Depth chart by position for each Academy team
  
- **Submitting Club Philosophy & the Annual Training Plan:**
  - Deadline to submit information
    - October 17, 2011 for all clubs
  
  - Email the documents to the appropriate Technical Advisor

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